

Question How can you repair sun-damaged skin?

Answer **Dr. Andrew Campbell - Quintessa Medical Spa**

There are many ways to improve the appearance of sun-damaged skin. When you visit Quintessa Medical Spa in Sheboygan, Dr. Andrew Campbell, a double board-certified plastic surgeon, and his staff will first perform a Clarity™ Pro skin assessment to determine the amount of sun damage, pigmentation and aging your skin has and then customize a skin care plan to restore your skin to a healthy appearance.

Quintessa offers several courses of treatment for sun-damaged skin, including:

Microdermabrasion By removing the top layer of dead skin cells on the face and body, microdermabrasion leaves skin with a smooth texture and promotes the growth of new healthy skin cells. It's excellent for treating sun-damaged skin, as well as reducing the appearance of age spots, acne scars, minor to moderate fine lines, and blackheads and whiteheads. You will have healthy, glowing skin after just one treatment.

Quintessa uses the DiamondTome™ System, which utilizes natural diamond chips attached to a specially designed wand to remove dead skin cells in a sterile, controlled method. This treatment is non-invasive, pain-free and requires no downtime. The DiamondTome™ System enhances the skin with results similar to those achieved through chemical peels, but without the adverse effects that some patients experience, such as skin irritation.

Chemical peel Chemicals are placed on the skin, depending on the severity of the condition, causing the superficial layers of skin to peel off at various depths, allowing new skin to be revealed and heal. Better results are achieved with deeper peels, however, the

deeper the peel, the longer the skin will take to heal. Ultimately, after your skin has healed, your face will have a more youthful, healthy glow with more even pigmentation and fewer wrinkles.

Laser peel When a laser is used to peel the superficial skin, the thermal energy from the laser causes cells to regenerate and rebuild the naturally occurring collagen. Laser peels restore elasticity, rebuild the skin's support structure and refine the skin's surface to smooth out wrinkles and decrease uneven pigmentation. Just as with chemical peels, the depth of the laser peel determines the time it takes for the skin to heal.

Maintaining your improved skin

Medical grade products provide better results more quickly because they contain more potent levels of active ingredients. They can also be customized to adjust to your individual needs. Nothing can compare to utilizing proper sunscreen. We recommend SPF rating of 35 like that contained ColoreScience® – a mineral-based product that provides protection while allowing your skin to breathe.

At Quintessa Medical Spa, we offer the following lines of medical grade skin care products: Obagi Nu-Derm System®, Jan Marini®, IS Clinical® and Skin Therapy by DermaQuest®. These products correct the overall health of your skin by transforming it at the cellular level, creating skin that is healthier and looks younger.

Results appear over time and are most significant after a couple of months.

 **Campbell**
Facial Plastic Surgery
Exclusively faces.
Totally you.

We take a customized approach to help you look and feel your very best. **Call for a FREE consultation.**

(920) 803-FACE
campbellplastics.com

